



Growing beautiful smiling faces

Secrets of The Thumbsucking Clinic

A 12 month Certification and Mentorship Program for Health Professionals

Gain leading edge skills and knowledge on how to treat children with non-nutritive sucking habits with our 12 month mentorship program starting with an 8 week online intensive.

1

Understand the elements that contribute to digit sucking behaviour through The Thumbsucking Clinic Sucking Paradigms™.

2

Understand multifactorial etiology and impacts on oral and facial development.

3

Identify and treat pacifier and other non-nutritive sucking behaviours.

4

Assess and build individualised treatment plans.

5

Confidently implement programs in your own practice.

6

Access the tools and support to begin practicing right away.

Course Name

Certification and Mentorship Program for Health Professionals

Online 8 Week Intensive Program

Included in 8 week online intensive:

Learn about current and emerging research in digit sucking behaviours

The Thumbsucking Clinic™ Sucking Paradigms

The Thumbsucking Clinic™ New Patient Assessment Protocol

Treatment sequencing and planning, report writing and referrals

Writing and delivering a personalised program

Front Office Scripts and protocols – from phone call to paperwork

Appointment scheduling, and charging for treatment

Understanding prolonged pacifier habits: The New Treatment Protocol

Treating Children under 5 years

Retaining Patients, Optimising Care and Business Building

Real life Case Studies

Troubleshooting

All protocols, procedures, report templates, fact sheets and assessment forms

4 case studies to be submitted to finalise the certification process

Mentorship 12 months

Included in the 12 month mentorship:

Access to our online portal with videos, downloads, presentations and resources to view at your own pace, for 12 months following course completion

Weekly group Q & A coaching calls with Carla Lejarraga

Support in our exclusive Facebook group for health professionals

Certification as a Thumbsucking Clinic recommended provider for 12 months

Carla Lejarraga



Director/Owner

Carla is a world leading expert in thumb and finger sucking habits of children and passionate about healthy faces and smiles from an early age.

Led by her own daughter's plight to stop sucking her thumb, and her subsequent pioneering work and research in Orofacial Myology, Carla opened the first clinic of its kind – The Thumb Sucking Clinic – in 2011. The private clinic located in Townsville, Queensland, Australia, is dedicated to empowering children and their parents with the correct information, the right tools and confidence they need to kick their thumb sucking habits.

In a field often focused on the correction of teeth, Carla and her team holistically embrace their role as health professionals and place an emphasis on prevention. Combining research, facts and science, with the psychology, development and health and wellbeing of every child, each patient benefits from a customised program to combat the long-term effects of thumb and finger sucking. This includes jaw and facial development, teeth positioning and function of the facial muscles, chewing and feeding behaviours, speech development, posture, healthy airway development and future orthodontic treatment. It's Carla's unique approach to a common habit that has had immeasurable benefits for families of thumb and finger sucking children.

Carla holds a Bachelor of Applied Health Science (Oral Health) from the University of Queensland (2000) and is a published researcher in the field of oral habits. Her ground breaking research published by the International Journal of Oral Health in 2015 highlighted the efficacy of her programs in closing open bites and over-jets in digit sucking children.

Carla teaches Orofacial Myology practice to dental and speech professionals throughout Australia with The Australian Academy of Orofacial Myology. She lectures locally and internationally regarding her work in child facial development and has been featured in various newspapers, magazines, and on ABC radio.

When Carla's not busy raising her four children, planning fantastic costume parties or high-fiving her young patients for the amazing results they have achieved in the Thumbsucking Clinic, you'll find her at her computer attending to her research, writing blogs and articles and creating new courses for health professionals in the area of oral habits and facial development.

It is her unwavering goal to see every child grow up with a healthy face and beautiful smile.