

A 12 month Certification and Mentorship Program for Health Professionals

Course Outline

Included in This Course:

A Message From Carla

Housekeeping Checklist

Carla's Research - Influence of Non-orthodontic Intervention on Digit Sucking and Consequent Anterior Open Bite - a Preliminary Study

Non-orthodontic Intervention and Non-nutritive Sucking Behaviours: A Literature Review

Non-nutritive Habits a Review

The Association Between Nutritive, Non-nutritive Sucking Habits and Primary Dental Occlusion

Oral Habits - Part 1: The Dental Effects and Management of Nutritive and Non-nutritive Sucking

Oral Habits - Part 2: Beyond Nutritive and Non-nutritive Sucking

Course Modules

Module 1: An Introduction to Non-Nutritive Sucking Behaviours

Included in This Module:

Introduction to Module 1

Introduction to Digit Sucking Practice

Poor Swallowing Technique - Thumb Sucker

Poor Eating and Swallowing Techniques and Deviations on Opening

Sucking and Growth and Development

Sucking in Infants Infograph

Teachings and Common Approaches to Habit Correction

Introduction to the TSC Paradigms

The TSC Sucking Paradigms

Helping Kids the Thumbsucking Clinic Way

Module 1 Quiz

Module 2: The TSC Physiological Paradigm

Included in This Module:

Introduction to Module 2

1. Airways

Airway Screening Cheat Sheet

2. Sleep

Child Coughing and Choking in Sleep, Thumb Sucking to Help Soothe and Settle

Child Lightly Snoring in Sleep

Child Playing with Sheet While Sucking in Sleep

Sleep-disordered Breathing in a Population-based Cohort: Behavioural Outcomes at 4 and 7 Years Bonuk et al

Pediatric Obstructive Sleep Apnea and the Critical Role of Oral-facial Growth: Evidences

Guilleminault - Clinical Aspects of OSA

Pediatric Sleep Apnoea - Where Do We Stand? 2017

A Review of Pediatric Sleep Apnoea and the Role of the Dentist

Pediatric Considerations for Dental Sleep Medicine

Module 2 Part 1 Quiz

Module 3: The TSC Psychological Paradigm

Included in This Module:

Introduction to Module 3

1. Addiction

Hijacking the Brain - Addiction

Mechanoreceptors in the Nose

Mechanisms of Sucrose and Non-nutritive Sucking in the Pain Management in Infants

2. Stress and Anxiety

Influence of Tryptophan and Serotonin on Mood and Cognition with a Possible Role of the Gut-brain Axis

Finger or Thumb Sucking New Interpretations and Therapeutic Implications

3. Emotion

4. Learnt Behaviour

Module 3 Quiz

Module 4: From Phone Call to Paperwork

Included in This Module:

Introduction to Module 4

Creating Value and Enjoying your Work

Working in a Solo Practice

Working in a Dental Practice

Paperwork

Telephone Sample Script

Medical History Form

Client Booking Agreement

Digit Sucking Registration Form

Fact Sheet: Pacifiers & Dummies

Fact Sheet: Myths About Thumb and Finger Sucking

Fact Sheet: Growing Healthy Smiles

Fact Sheet: Tongue Tie

Fact Sheet: What is an OMD?

Fact Sheet: The Importance Of a Clear Airway

Module 5: Assessment and Treatment Planning the Thumb Sucking Child

Included in This Module:

Introduction to Module 5

Assessment Guide

TSC Patient Assessment Form

Assessment Form: The Airways Assessment

Assessment Form: The Oral Assessment

Photographs Cheat Sheet

Simple Check for Tongue Thrust Swallow: Here There is an Anterior Tongue Thrust Swallow

Assessment Form: The Frenums Assessment

A New Patient to the Practice

Assessing Airways in the Clinic

Assessing Tongue Tie in the Clinic

TSC Assessment Cheat Sheet

Ankyloglossia as a Risk Factor for Maxillary Hypoplasia and Soft Palate Elongation: A Functional - Morphological study

Toward a Functional Definition of Ankyloglossia: Validating Current Grading Scales for Lingual Frenulum Length and Tongue Mobility in 1052 Subjects

Module 6: Designing and Implementing a Program

Included in This Module:

Introduction to Module 6

Designing and Implementing a Program

Helpful Tools

The TSC Quit Program

The TSC Program in Action!

Review Appointments

The TSC Quit Kit

Preparing Spots

Tips for Parents Sheet

Quit Kit Documents

Referral Letter Samples

Sample of Digit Sucking Treatment Consent Form

Quit Journey Infographic

Thumb Sucking Treatment Flow Chart

TS Appointment Flowchart

Products and Suppliers List

Module 7: Kids Under 5 and Dummy Suckers

Included in This Module:

Introduction to Module 7

Babies and Kids Under 5 - a Review

Pacifiers and Dummies

Use of Toys for Dummy Sucking Program
Pacifier Quiet Program Flowchart
Dummy Suckers - Mini Mouths Jaw Play Therapy Program
Treating Kids Under 5
TS Under 5 Years Flowchart
Sucking Program for Kids Under 5 Years
Use of Toys to Reduce Sucking in Under 5 Years
ARK Baby Toy for Discriminative Mouthing
Chewing Necklaces
Tongue Sucking Protocol
Lip Sucking Protocol

Module 8: Case Studies and Trouble Shooting

Included in This Module:

Introduction to Module 8
Case Studies
Trouble Shooting and Pearls of Wisdom
Conclusion

Additional Materials for Your Practice

Contract to Stop Sucking
Certificate of Awesome Pink
Certificate of Awesome Blue
Certificate of Completion
Social Media Images
Social Media Mini Course